



Digest

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[Six Tunnels 1/2 Marathon](#) | [Run](#) | [Race](#)  
[Boulder City, Clark, Nevada, United States](#)

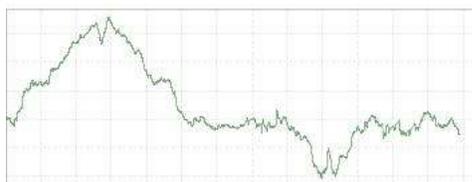
Saturday, March 15, 2008 | [marcoghres](#)

- Activity Dashboard**
- ▶ Summary
  - ▶ Time
  - ▶ Distance
  - ▶ Speed
  - ▶ Elevation
  - ▶ Heart Rate
  - ▶ Laps
  - ▶ Weather
  - ▶ Equipment

Summary Data		
<b>Total Time (h:m:s)</b>	1:55:51	8:59 pace
<b>Moving Time (h:m:s)</b>	1:54:47	8:54 pace
<b>Distance (mi)</b>	12.89	
<b>Moving Speed (mph)</b>	6.7 avg.	26.7 max.
<b>Elevation Gain (ft)</b>	+2,050 / -2,101	
<b>Temperature (°F)</b>	52.7°F avg.	57.2°F high
<b>Wind Speed ( mph)</b>	SSW 23.3 avg.	SSW 25.3 max.
<b>GPS Signal Quality</b>	Good	<a href="#">GPS Unit Elevation</a>
<b>Similar Activities</b>	<a href="#">TrailNetwork</a>	
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[Chart Details](#)

**Comments**

**THE NEW SMELL OF VICTORY**

wash away sweat odor



**Explore Further. Train Smarter. Perform Better... and Smile More.**

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