



[Race for the Cure 5k](#) |
 [Street Running](#) |
 [Race](#)
[Las Vegas, Clark, Nevada, United States](#)

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Saturday, May 3, 2008 | [marcoghres](#)

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- Activity Dashboard**
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Elevation Change	Total (ft)
Total Elevation	662
Elevation Gain	330
Elevation Loss	333
Net Elevation Change	-3

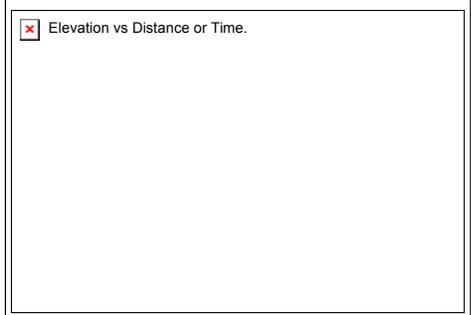
Vertical Speed	Average (ft/min)	Maximum (ft/min)
Ascent	16.1	264.9
Descent	-16.1	-189.2

Grade	Average (%)	Maximum (%)
Overall Grade	-0.0	--
Ascent Grade	6.1	11.5
Descent Grade	-4.0	-12.1

Relevant Data

Start Elevation (ft): 1,994
 Finish Elevation (ft): 1,991
 Min. Elevation (ft): 1,964
 Max. Elevation (ft): 2,043
 Elevation Source: [GPS Unit Elevation](#)
[Tune-Up Options...](#)

Profile



Plot: Elevation vs. Distance Time
 Display: Grade

Please select the Chart to Display Above

[Profile](#)

[Distribution](#)

Everything we do is geared towards helping you love **RUNNING** more.

▶ FEEL THE LOVE

LOVE/hate
this is the new balance



Explore Further. Train Smarter. Perform Better... and Smile More.