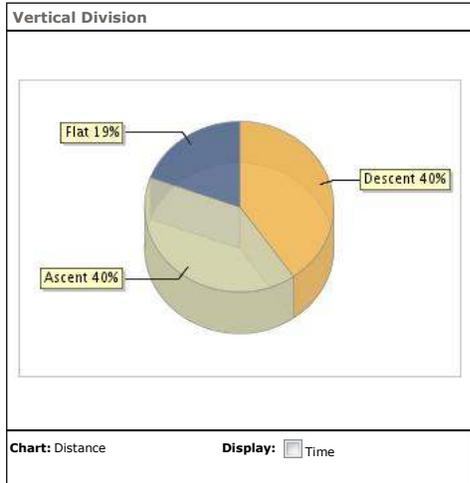




- Activity Dashboard**
- ▶ [Summary](#)
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 - ▶ [Elevation](#)
 - ▶ [Heart Rate](#)
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Distance Data	Total (mi)	% of Total
Distance	13.38	100
Ascent	5.42	40.5
Descent	5.38	40.2
Flat	2.58	19.3



Please select the Chart to Display Above

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Vertical Division



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