



Digest

[Six Tunnels 1/2 Marathon](#) | [Run](#) | [Race](#)

[Boulder City, Clark, Nevada, United States](#)

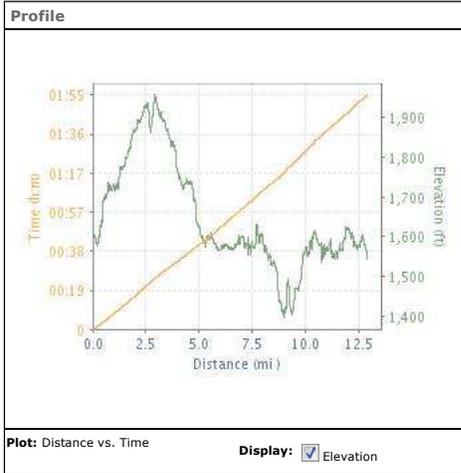
Saturday, March 15, 2008 | [marcoghres](#)

Email Activity

Link to this Activity

- Activity Dashboard**
- ▶ Summary
 - ▶ Time
 - ▶ Distance
 - ▶ Speed
 - ▶ Elevation
 - ▶ Heart Rate
 - ▶ Laps
 - ▶ Weather
 - ▶ Equipment

Distance Data	Total (mi)	% of Total
Distance	12.89	100
Ascent	4.78	37.1
Descent	5.57	43.3
Flat	2.53	19.6



Please select the Chart to Display Above

Profile

[Distribution](#)

[Vertical Division](#)

**THE
NEW
SMELL
OF
VICTORY**

wash away sweat odor

WIN



Explore Further. Train Smarter. Perform Better... and Smile More.

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