



[DisneyLand Half Marathon](#) | [Run](#) | [Race](#)  
[Anaheim, Orange, California, United States](#)

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Sunday, August 31, 2008 | [marcoghres](#)

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- Activity Dashboard**
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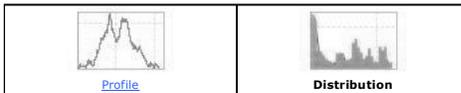
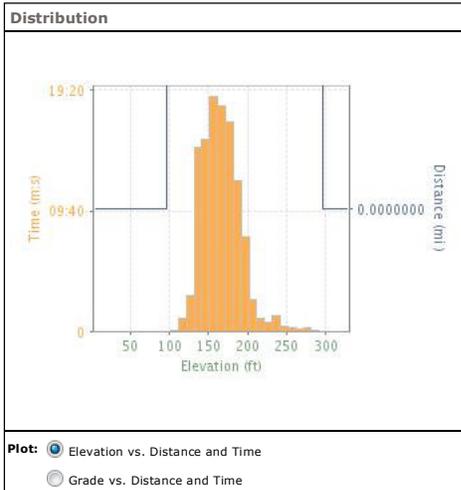
Elevation Change	Total (ft)
<b>Total Elevation</b>	<b>5,593</b>
Elevation Gain	2,791
Elevation Loss	2,802
Net Elevation Change	-11

Vertical Speed	Average ( ft/min)	Maximum (ft/min)
Ascent	24.4	473.1
Descent	-24.5	-378.5

Grade	Average (%)	Maximum (%)
<b>Overall Grade</b>	<b>-0.0</b>	<b>--</b>
Ascent Grade	9.8	25.2
Descent Grade	-6.8	-31.0

**Relevant Data**

Start Elevation (ft): 142  
 Finish Elevation (ft): 131  
 Min. Elevation (ft): 111  
 Max. Elevation (ft): 283  
 Elevation Source: [GPS Unit Elevation](#)  
[Tune-Up Options...](#)



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