



MOTION BASED™

[My Activities](#) | [TrailNetwork](#) | [Account](#) | [Support](#) | [Information](#) | [Forum](#) | [Blog](#)

Search  TrailNetwork

[Digest](#) | [Upload](#) | [Inbox](#)

**Inbox(1)** | [Logout \(marcgohres\)](#)

[Las Vegas Marathon 2008](#) | [Street Running](#) | [Race](#)

[Paradise, Clark, Nevada, United States](#)

Sunday, December 7, 2008 | [marcgohres](#)

Activity Options

Email Activity

Link to this Activity

**Dashboard** | [Analyzer](#) | [Map Player](#)

**Activity Dashboard**

- ▶ [Summary](#)
- ▶ [Time](#)
- ▶ [Distance](#)
- ▶ [Speed](#)
- ▶ [Elevation](#)
- ▶ [Heart Rate](#)
- ▶ [Laps](#)
- ▶ [Weather](#)
- ▶ [Equipment](#)

Distance Data	Total (mi )	% of Total
<b>Distance</b>	<b>26.73</b>	<b>100</b>
Ascent	10.84	40.5
Descent	11.11	41.5
Flat	4.79	17.9

**Vertical Division**

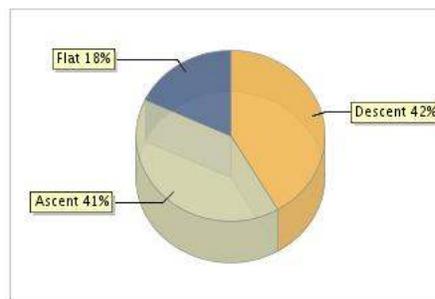


Chart: Distance      Display:  Time

Please select the Chart to Display Above

[Profile](#)

[Distribution](#)

**Vertical Division**



**GARMIN**



**Explore Further. Train Smarter. Perform Better... and Smile More.**

Copyright © 2003-2007 Garmin Ltd. or its subsidiaries.

[Terms of Use](#) | [Privacy](#)

[Site Map](#) | [Advertise With Us](#) | [Contact Us](#)

MB v. 1.8.6.0