



[Lake Tahoe 2008 Marathon](#) | 
 [Street Running](#) | 
 [Race](#)  
[Dollar Point, Placer, California, United States](#)

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Sunday, September 28, 2008 | [marcgohres](#)

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- Activity Dashboard**
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Elevation Change	Total (ft)
<b>Total Elevation</b>	<b>11,982</b>
Elevation Gain	5,978
Elevation Loss	6,003
Net Elevation Change	-25

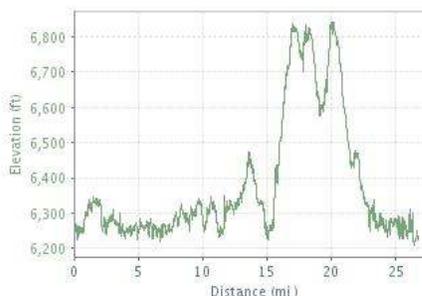
Vertical Speed	Average ( ft/min)	Maximum (ft/min)
Ascent	21.5	331.2
Descent	-21.6	-378.5

Grade	Average (%)	Maximum (%)
<b>Overall Grade</b>	<b>0.1</b>	<b>--</b>
Ascent Grade	11.3	31.9
Descent Grade	-7.1	-25.5

**Relevant Data**

Start Elevation (ft): 6,256  
 Finish Elevation (ft): 6,231  
 Min. Elevation (ft): 6,207  
 Max. Elevation (ft): 6,841  
 Elevation Source: [GPS Unit Elevation](#)  
[Tune-Up Options...](#)

**Profile**



Plot: Elevation vs.  Distance  Time  
 Display:  Grade

Please select the Chart to Display Above



[Profile](#)



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