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Sunday, March 22, 2009 | [marcoghres](#)

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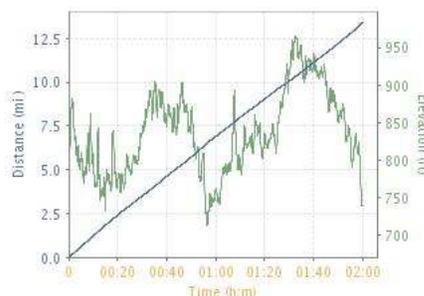
- Activity Dashboard**
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Time Data	Total	% of Total
Total Time	2:00:31	100.0
Moving Time	2:00:30	100.0
Ascent	0:49:58	41.5
Descent	0:51:34	42.8
Flat	0:18:58	15.7
Stopped Time	0:00:00	0.0
# of MB Stops	0	--

Relevant Data

Start Time: Mar 22, 2009 5:33:09 AM
 Finish Time: Mar 22, 2009 7:33:40 AM
 Time Zone: Pacific (L.A., Vancouver)

Time Profile



Plot: Time vs. Distance Display: Elevation

Please select the Chart to Display Above

[Time Profile](#)

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Route planning made easy.

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