



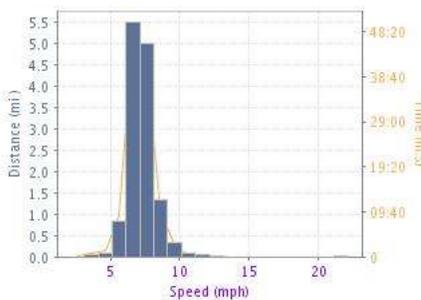
Activity Dashboard

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Speed Data	Average (mph)	Maximum (mph)
Overall Speed	7.0	--
Moving Speed	7.0	21.4
Ascent	7.0	12.2
Descent	7.0	21.4
Flat	6.9	12.3

Pace Data	Average (m:s)	Best (m:s)
Overall Pace	8:35	--
Moving Pace	8:35	2:47
Ascent	8:33	4:56
Descent	8:36	2:47
Flat	8:39	4:53

Distribution



Plot:
 Speed vs.
 Distance and Time
 Pace
 Elevation Change and Time

Please select the Chart to Display Above



Profile



Distribution



Explore Further. Train Smarter. Perform Better... and Smile More.

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